

Cheshire West



Wellbeing Walks

Free, regular, gentle, social walks in your local area

Great Boughton and Vicars Cross Wellbeing Walks

First Tuesday in each month | 10.30am
7th January, 4th February, 4th March,
1st April, 6th May and ongoing
until further notice

Join us for an urban parish walk to local green spaces.

Meeting at Vicar's Cross Community Centre, Thackeray Drive, CH3 5LP
We will walk for approximately 45 - 60 minutes
and return for a free hot drink and biscuit.

Register your interest or find out more by contacting
healthranger@cheshirewestandchester.gov.uk
or call 07872 464 989.



The Cheshire West Wellbeing Walks network has walks taking place across the borough. For further details visit www.cheshirewestandchester.gov.uk/walks or contact healthranger@cheshirewestandchester.gov.uk

Brought to you by Cheshire West **Wellbeing Walks** Network

Cheshire West



Wellbeing Walks



Free, regular, gentle, social walks in your local area

Great Boughton and Vicars Cross Wellbeing Walks

First Tuesday in each month | 10.30am
7th January, 4th February, 4th March,
1st April, 6th May and ongoing
until further notice

Join us for an urban parish walk to local green spaces.

Meeting at Vicar's Cross Community Centre, Thackeray Drive, CH3 5LP
We will walk for approximately 45 - 60 minutes
and return for a free hot drink and biscuit.

Register your interest or find out more by contacting
healthranger@cheshirewestandchester.gov.uk
or call 07872 464 989.



The Cheshire West Wellbeing Walks network has walks taking place across the borough. For further details visit www.cheshirewestandchester.gov.uk/walks or contact healthranger@cheshirewestandchester.gov.uk

Brought to you by Cheshire West **Wellbeing Walks** Network